

The difference a True Day Spa Experience makes.

 Our goal at The Spa – Los Gatos is to provide our clients with customized treatments that fulfill their beauty and wellness needs and leave them feeling rejuvenated, refreshed and glowing. While our variety of service options offer the latest and most effective spa treatments, our warm, nurturing atmosphere is designed to promote relaxation and healing in a stress-free environment, creating a convenient escape from the intensity of daily routines and demands.

We do our best to anticipate and meet every one of your needs for your comfort – you will enjoy a full range of luxurious amenities. Upon arrival, you will receive a cozy, plush robe, slippers and a personal locker. Once you've changed, relax in our serene library with a warm neck pillow and enjoy a soothing cup of tea, or other special beverage, and your choice from a large variety of snacks.

Massage clients will be in the hands of our experienced, knowledgeable techni-



cians, who customize each treatment for your specific needs. From custom-blended massage oil to warm therapeutic packs and soothing eye pillows – no detail is too small. After your massage, enjoy a private steam shower which is infused with an aromatherapy oil of your choice, to remove any lingering tension.

Facial clients will be cared for by our highly trained Estheticians, who assess your skin and work with you to develop a customized facial treatment. We use only premier, name-brand product lines that are backed by years of research and quality ingredients for our services – Jan Marini, Epicuren and YonKa Paris. Treatments are designed to purify, revive and moisturize your skin, while addressing any skin concerns you may have.

At the end of your treatment, you will find everything you need at our fully stocked changing and vanity areas for any finishing touches before returning to the outside world.



THE SPA~LOS GATOS

skin therapy



To ensure maximum results, our experienced Estheticians use only top-of-the-line products and techniques to create customized services for each individual. Far beyond what is experienced at most day spas, our treatments use expert combinations of massage, exfoliation, cleansing and hydration. Many of our facials even extend to your hands and feet, moisturizing and gently massaging them while your masque or steam is taking effect. Our skin treatments really need to be experienced to be fully appreciated!

Please note: A small amenities charge will automatically be added to all service prices at check out.

SIGNATURE FACIAL

We believe customizing a facial and providing a broad selection of options delivers optimal results. We offer a choice of two professional skin care lines in our Signature Facial.

- Jan Marini Skin Research uses a scientifically based method of effective exfoliation and skin resurfacing to address hydration, fine lines and wrinkles.
- The Epicuren line utilizes a unique protein enzyme that stimulates cell metabolism to dramatically lift, tighten and firm.

Both facials are amazingly luxurious throughout each step of the cleansing, exfoliation, masque and massage processes. Your Esthetician can help recommend which will be most beneficial for your skin.

60 minutes \$125
 75 minutes \$155

YONKA AROMATHERAPY FACIAL

No company does aromatherapy like YonKa Paris. In the hands of our talented Estheticians, perfectly balanced natural extracts combined with the calming effect of aromatherapy makes this luxurious treatment a delight to the senses. While

your skin undergoes a gentle but thorough cleansing and exfoliation process, stress melts, spirit and skin are revived and the body is restored with a depth of wellness and calm. The service finishes with effective firming and hydrating procedures.

60 minutes \$125
 75 minutes \$155

THE LUMINOUS FACIAL

Improve tone, texture and luminosity with this amazing facial using Jan Marini products. A thorough cleansing, enzyme exfoliation, facial massage, Luminate Face Mask application and hydration therapies will tighten, reduce discoloration and uncover brighter, more youthful skin.

75 minutes \$180

GLYCOLIC FACIAL

An effective skin resurfacing treatment designed to correct pigmentation (sun damage), acne, fine lines and wrinkles. Your skin will appear firmer, brighter and more translucent.

60 minutes \$150
 75 minutes \$180

EPICUREN INJECTSTEM FIRMING FACIAL

A luxurious alternative to needle based treatments with advanced exfoliation which addresses skin volume from within to visibly reveal the elasticity of youth. Using the latest in stem cell and peptide technology, potent serums unleash intelligent skin "architects" to visibly restructure and redensify the appearance of the skin. A conductive silver ion mask is applied while face-lifting reflexology points are activated to help stimulate circulation and relax muscle tension. This exclusive skin therapy is the future of anti-aging in perfect balance with the ultimate in relaxation.

75 minutes \$195

RETINOL PLUS FACIAL

This powerful facial utilizes a masque with a high level of Retinol to polish and refine the skin while immediately improving the appearance of fine lines and wrinkles. The masque also includes peptides essential for plumpness, firmness and stimulating collagen. With the inclusion of seven hydrators, the risk of skin irritation is virtually eliminated. This facial is also excellent for sun-damage, hyperpigmentation and acne. While this is an amazingly effective facial, we also incorporate a neck, shoulder and scalp massage to create a luxurious facial experience, leaving you relaxed and stress-free.

75 minutes \$180

ALPHA VITAL FACIAL

A skin-smoothing star featuring YonKa Paris products! This treatment offers powerful exfoliation using AHAs and BHAs from organically-sourced fruits and plants to

Please note that individuals must be 12 years or older to receive any facial treatments.

remove dead skin cells, eliminating tired, dull skin. Your skin is then ready to receive a freshly prepared and very hydrating fruit masque that leaves your skin smooth, with a youthful glow. This is an amazingly effective exfoliating and hydrating facial.

75 minutes \$180

90 minutes \$210

GENTLEMAN'S RELAXING FACIAL

We start with all of the benefits of our Signature Facial and include an invigorating neck, shoulder, face and scalp massage. He'll love it!

60 minutes \$125

75 minutes \$155



AN IMPORTANT DIFFERENCE...

We use ONLY brand name products in our facials, including Jan Marini Skin Research, Epicuren and YonKa Paris. We believe in offering only the best to our clients both in and out of the treatment room.

UNSURE WHICH FACIAL WILL WORK BEST FOR YOU? BOOK A SIGNATURE FACIAL WITH YOUR PREFERRED LENGTH OF TIME (60 OR 75 MINUTES) AND OUR ESTHETICIAN WILL RECOMMEND THE BEST TREATMENT FOR YOU AFTER A BRIEF SKIN ASSESSMENT.

VITAMIN C AND PAPAYA ENZYME FACIAL

This dramatic skin treatment incorporates the latest medically based skin resurfacing technologies by Jan Marini Skin Research. It firms, lifts and exfoliates, revealing skin that looks and feels revitalized.

60 minutes \$150

75 minutes \$180

TEEN FACIAL

The powerful benefits of superior products are obvious in this cleansing and clearing facial. Our experts will offer your teen direction in proper skin care without overloading them with products or processes. This facial includes a thorough but gentle cleansing and exfoliation, extractions and balancing finish. Excellent for both young women and men.

50 minutes \$110

75 minutes \$155

EPICUREN RENEWAL FACIAL

This facial features a triple masque designed to firm and tighten the skin. A deep exfoliation lifts away outer layers while the masques infuse moisture, vital nutrients and renew the skin's natural elasticity to create an impressive tightening effect.

75 minutes \$175

CLARIFYING FACIAL

Excellent for blemish-prone skin or those battling adult or teen acne, this facial uses powerful products to specifically resolve acne problems. Exfoliation with extensive deep pore cleansing and calming therapies will leave your skin feeling healed and restored.

75 minutes \$170

MICROCURRENT FACE LIFT FACIAL

Experience the amazing effects of this non-surgical face lift as you enjoy a luxurious spa facial! The latest in FDA-approved microcurrent technology instantly tones, lifts, firms and re-educates sagging facial muscles to return them to their youthful form, while the deeply penetrating serum and skin nutrient infusions enhance the resulting youthful glow. Add to this the exfoliating, restorative and hydrating benefits of a customized facial specifically selected for your skin needs, and you have the ultimate blend of technology, beauty and relaxation. Instant results, long-term benefits!

75 minutes \$195

DIAMOND ORGANIC PEEL MICRODERMABRASION

With all the proven benefits of regular microdermabrasion, our advanced engineering technology combines a diamond-shaped crystal with organic grains. With little or no discomfort or redness to the skin, you receive an incredible exfoliation and beautiful polish. Clients with sensitive skin and rosacea can now be treated using organic grains only.

Diamond Organic Peel –

Face, Neck, Decolleté..... \$260

Diamond Organic Peel –

Full Face, Neck \$230

Diamond Organic Peel –

Full Face..... \$205

Diamond Organic Peel –

Hands \$130



DEPILATORY WAXING

Using the latest methods, our caring and professional Estheticians provide the desired results with little discomfort.

Full Face (does not include brow)	\$45
Eyebrow Design	from \$35
Eyebrow Upkeep	\$25
Eyebrow Tweezing	\$30
Full Leg	\$80
Half Leg	\$60
Full Leg & Bikini	from \$95
Half Leg & Bikini	from \$80
Bikini Line Upkeep	from \$40
New Bikini Line	from \$50
Brazilian Upkeep.	from \$75
New Brazilian	from \$90
Arm or Underarm	\$35
Lip, Chin or Forehead	\$20
Back or Chest Wax for Men	from \$70
Men's Brow Grooming	\$30

Because of the difference in hair growth and texture, waxing time may vary from person to person. If you have not been waxed before or it has been several months, it may take a little more time than if you were waxed regularly. This may result in a slightly higher charge. Please know that hair must be at least one-quarter inch in length to be waxed.

FACIAL TREATMENT ENHANCEMENTS

Masques – Many of our facials already contain effective masques, but some may be further customized. Ask your Esthetician for details and whether they are appropriate for your skin.

Collagen Masque	\$35
Fruit Masque	\$30

Scalp Massage – Indulge in a fifteen minute scalp massage with your facial!

Additional 15 minutes	\$25
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Eye and Lip Repair Treatment – A soothing, hydrating treatment to give these sensitive areas the attention they need.

Additional 15 minutes	\$35
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Decolleté Treatment – Optimize your facial by including this often-neglected area!

Additional 15 minutes	\$25
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Back Treatment – Start any facial with this overlooked and hard-to-reach area. Includes a full exfoliation, cleansing, toning and hydration.

Additional 30 minutes	\$55
Full Back Facial	\$120

Hydrating Treatment for Hands and Feet – Enjoy the luxurious results of this single-use paraffin treatment which ensures sanitation and safety. First a massage with hydrating lotion, then warm mitts filled with paraffin. Your skin will be ultra-soft, smooth and warmly hydrated.

Just hands or feet	\$30
Both hands and feet	\$50

THE SPA~LOS GATOS

massage



As therapeutic as they are relaxing, each one of our customized massage services begins with a choice of scent and type of massage oil you would like. From there, the treatments de-stress and revitalize you while relaxing your body and enhancing your overall well-being in our calm, quiet environment. Each candle-lit massage includes a complimentary private steam shower, infused with an essential oil of your choice. Our steam showers will take your massage experience right over the top!

Please note: A small amenities charge will automatically be added to all service prices at check out.

SIGNATURE MASSAGE

This relaxing circulatory Swedish-style massage focuses on reducing muscular tension and built-up stress with moderate pressure and long, soothing strokes from head to toe.

- 95 minutes plus steam shower \$185
- 80 minutes plus steam shower \$160
- 65 minutes plus steam shower \$135
- 50 minutes plus steam shower \$115
- 30 minutes plus steam shower \$75
(30 minutes is not a full body massage)

DEEP TISSUE THERAPEUTIC MASSAGE

A therapeutic massage that delves deep into the muscle to relieve spasms, over-use and extreme tension. Utilizes pressure point release and deep penetration.

- 80 minutes plus steam shower \$180
- 65 minutes plus steam shower \$155
- 50 minutes plus steam shower \$135
- 30 minutes plus steam shower \$95

ALL MASSAGE TREATMENTS
INCLUDE A COMPLIMENTARY
PRIVATE STEAM SHOWER INFUSED
WITH AROMATHERAPY OIL.

SAMPLER MASSAGE

This massage offers portions of our Signature (Swedish-style) Massage, Deep Tissue work and Reflexology. An extraordinary experience and wonderful introduction to different massage styles!

- 95 minutes plus steam shower \$195
- 80 minutes plus steam shower \$175
- 65 minutes plus steam shower \$150

MOTHERHOOD MASSAGE

This massage reduces stress and promotes general health and well-being during pregnancy. Our body support cushions ensure your comfort. Available after the first trimester.

- 65 minutes plus shower (no steam) . . . \$150
- 50 minutes plus shower (no steam) . . . \$125

SPORTS MASSAGE

This personalized massage focuses on specific areas of need to help reduce muscle tension, increase range of motion and provide a warm-up to activity. (Not a full-body massage.)

- 65 minutes plus steam shower \$150
- 50 minutes plus steam shower \$125
- 30 minutes plus steam shower \$85

WARM STONE MASSAGE

Infused with energy, these smooth basalt stones create a unique space within for healing and restoration. Heat radiating from the stones penetrates your body to provide a deeply relaxing and exceptional experience.

80 minutes plus steam shower \$190



LOMI-LOMI MASSAGE

A relaxing and rejuvenating form of Hawaiian massage using broad, smooth, rhythmic strokes and light stretching techniques.

80 minutes plus steam shower \$175

65 minutes plus steam shower \$150

REFLEXOLOGY

An ancient Chinese technique using pressure point massage on the feet to restore the flow of energy throughout the body.

50 minutes plus steam shower \$120

30 minutes plus steam shower \$85

15 minute add on to any massage . . . \$30

30 minute add on to any massage . . . \$55

NURTURING MASSAGE

For those who need a healing touch before, during or after cancer treatment, or a gentler touch for senior bodies. Our specially trained therapists help to relax and restore a sense of well-being.

65 minutes \$145

MASSAGE TREATMENT ENHANCEMENTS



A treatment enhancement is an add-on service that is in conjunction with any other service. They are a fantastic way to pay special attention to specific areas, or a way to extend treatment time to ensure your complete relaxation.

Scalp Massage – A wonderful way to slip into total bliss. This 15-minute enhancement allows your therapist to devote focused attention so you can enjoy additional stress relief.

With service only..... \$25

Foot Focus – This 15-minute enhancement is a true gift to body and "sole." Feel the tightness evaporate as new-found circulation warms your tired feet. Heavenly.

With service only..... \$25

Tranquility Hand and Foot – A hand and foot exfoliation and moisturizing massage concludes with a calming therapeutic scalp massage. A fabulous 30-minute addition to any massage.

With service only..... \$60

Hydrating Treatment for Hands and Feet – Enjoy the luxurious results of this single-use paraffin treatment (ensuring sanitation and safety). First a massage with hydrating lotion, then warm mitts filled with paraffin. Your skin will be ultra-soft, smooth and warmly hydrated.

Just hands or feet \$30

Both hands and feet \$50

THE SPA~LOS GATOS

body therapy



Designed to be therapeutic as well as indulgent, our body therapies offer solutions to detoxify, exfoliate, and moisturize – doing so with delightfully decadent methods such as body brushing, salt scrubs, Vichy showers and infused baths. Proven ancient techniques are mixed artfully with contemporary products to ensure results. Whether you need to regain inner balance to your wellness systems, or to be sure your skin glows with perfect tone and suppleness for a special event, our varied therapies can help you accomplish your goal!

Please note: A small amenities charge will automatically be added to all service prices at check out.

BODY DETOX WRAP

This marine-based detoxification treatment starts with a full body exfoliation, followed by a mud wrap and scalp massage. Then, slip into a detoxifying bath, activating the natural elimination of fat, toxins and impurities. An application of body crème finishes your treatment.

90 minutes \$205

BODY BLISS

It all begins with a gentle body brushing and salt scrub exfoliation paired with your choice of citrus, lavender or tropical products to bring out the healthy glow of your skin. Then, drift blissfully away in a bath infused with a therapeutic mineral blend. A light massage using deeply moisturizing lotion completes this treatment and leaves you feeling your very best. A relaxing, soothing treatment.

60 minutes \$155
With additional 30-minute massage. \$205

BODY LUMINOUS

Experience the unique sensation of a body brushing followed by a natural salt scrub that exfoliates and restores your skin to a natural glow. This treatment also includes an invigorating Vichy shower, relaxing scalp massage and an application of hydrating body butter all carefully orchestrated with your choice of citrus, lavender or tropical products.

75 minutes \$180
With additional 30-minute massage. \$230

THE REALM OF ROSES

The ultimate in therapeutic luxury will lift your spirits and revive the suppleness of your skin. Just imagine: a secret ritual of relaxation, a full body brushing and application of an exfoliating enzyme body masque. While the masque is working to rejuvenate your skin, you will enjoy a foot and scalp massage. This is all followed by a rose petal bath and a light massage to apply the finishing touch of rose body balm. Truly, this is a bit of rose-scented heaven.

105 minutes \$235

Please note that an individual must be 16 years or older to receive any massage or body therapy.



AQUA
HAIR SALON

AT THE SPA ~ LOS GATOS



The **products** and **talent** you need, to get the look you want.

Hair Design and Services

Aqua Hair Salon, located inside The Spa, is an upbeat salon featuring professional, independent hair stylists who excel at making their clients look and feel their best. Maintaining the same high-level commitment in products, Aqua offers superior product lines including Kerastase, Kevin Murphy, Brazilian Blowout, and Unite.

FOR APPOINTMENTS CALL (408) 354-5901

THE SPA~LOS GATOS

spa policies



After a visit to The Spa~Los Gatos, you won't feel the same. You'll emerge more refreshed, centered and balanced. We make every attempt to maximize your experience, so please take a moment to look over our guidelines, or call us at (408) 354-5901 for an answer to a specific question. We look forward to having you as our guest.

APPOINTMENT CHECK-IN

Please arrive at least 15 minutes prior to your first treatment for check-in. This allows you enough time to change and take advantage of our beautiful library area before your treatment begins. Sit, relax and unwind, and enjoy complimentary light refreshments.

CANCELLATION POLICIES & FEES

We require a 24-hour cancellation notice, otherwise a \$40 fee per appointment will be charged on facials and massages and 50% for any waxing appointments.

Scheduling an appointment is your acceptance of these policies. All services need a credit card to guarantee a reservation, so please have your Visa or MasterCard ready when booking.

ELECTRONIC DEVICES

Please respect the sanctuary we provide and turn off your cell phone and other electronic devices upon arrival.

GIFT CARDS

For any occasion, there is no better gift for a loved one, special friend or valued employee than the gift of relaxation. Gift cards are available in any dollar denomina-

tion. When purchasing a gift card, consider an amount to cover the treatment as well as our small amenities charge and gratuity so that the recipient has a complete worry-free visit.

Gift cards are not refundable or replaceable even if lost, misplaced or stolen. Gift cards are not valid for Aqua Salon or cosmetic medical services.

HOURS

We are open Monday through Friday from 9 a.m. to 9 p.m., Saturday from 9 a.m. to 6 p.m. and Sunday from 9 a.m. to 5 p.m.

AGE RESTRICTIONS

Facial clients can be as young as 12. Massage clients must be at least 16 years old, accompanied by a parent or guardian. Children may not accompany you in the treatment room and may not be left unattended in the lobby.

All senior levels are welcome! We do have treatment rooms upstairs, so if you'd rather avoid the stairs, please let us know when you schedule your treatment.

PRICES AND SERVICES

Prices and services are subject to change without notice.

FAQS

IS PARKING A PROBLEM?

When planning your arrival time, please make sure you allow ample time for traffic and parking. We have several free unlimited-time parking areas very near The Spa, and we have a limited number of spaces behind our building – just look for signs designated for spa parking.

WHAT SHOULD I BRING?

Because robes, slippers and towels are provided, you do not need to bring any special clothing for your spa service. We also provide blow dryers, irons, brushes and other products in the lounges for your convenience, but you may want to bring your favorite makeup.

WHAT SHOULD I DO WITH MY PERSONAL BELONGINGS?

The Spa provides you with a personal locker and key. Regretfully, we cannot be held responsible for lost or stolen items. We will ask you to remove your jewelry before any spa service – it may be best to leave your valuables at home to ensure its security and your peace of mind.

WHAT SHOULD I WEAR DURING MY SERVICE?

Most people will undress completely for facial, massage and body therapy treatments. Proper and conservative draping techniques are always observed during our treatments and robes are provided for all our guests to use during their time here. However, if it makes you more comfortable, you can wear undergarments.

WHAT SHOULD I TELL MY THERAPIST?

Disclosing any medical conditions or prescription medication you are using before your service begins is very important. Allergies, pregnancy, high blood pressure, etc. may be affected by certain services.

Communication with your therapist is encouraged. For example, if the pressure of your massage is too light or too deep, let your therapist know. You should also let them know if you want them to focus on or avoid certain areas (such as ticklish or sore spots). Feel free to voice any questions or concerns; treatment time is your time.

I'M PREGNANT, CAN I STILL ENJOY SERVICES AT THE SPA?

Pregnant women in their first trimester and women with a high-risk pregnancy should avoid many types of spa treatments. If you are pregnant, be sure to tell the Spa Hostess when booking any appointments. They will know which treatments are suitable. Always check with your obstetrician before going to any day spa.

DO YOU ACCEPT GRATUITIES?

Gratuities are always appreciated! We prefer gratuities be in the form of cash. Typically, when you receive a gift card, gratuity is not included. Gratuity envelopes are available at the front desk at the time of check out for your convenience – tips should not be dealt with in the treatment room.

For the latest news from The Spa and to be informed of our specials, please join us on Facebook!



The Spa's Private Group Suite



Groups & Parties

We have a lovely area dedicated to groups and can offer a variety of options. Whether you are celebrating a special occasion, hosting a corporate event or simply want a girls night out, you can be assured that our staff will work with you to make it perfect!

We can fully customize treatment choices, refreshments and even prepare special gifts for your guests to take home. Both men and women appreciate our relaxing atmosphere and comfortable surroundings.

For more information, please contact our Group Coordinator at (408) 354-5901.



A PLACE TO *find yourself.*